Subject; — Exchange student study tour

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On 9/01/2016 I attended the exchange student study tour which was organized by International Affairs Division of Fukushima prefecture. We student from 9 different countries participated and visited many famous and beautiful places of Fukushima prefecture. Exchange student study tour gives me the chance to know about the Fukushima, its people's life style, culture and the tradition of japan. This was very knowledgeable for me. I visited many place and communicated with many people from different parts and position. I attended many lectures which I was useful to understand the Fukushima. I had been many places like Oyasuba Historic Park, Abukumado limestone cave, Aquamarine Fukushima, Soma village (the place affected by Tsunami). Minamimiso agri park Etc. We all student joined the lectures and discuss on the different topic and important of these places. Lime stone cave and the Oyasuba Historic Park are very new for me when I got information and history of these places. These places are registered in the heritage site of japan. I can say the Fukushima is very beautiful and Rich in natural resources.

We discussed about the life of Fukushima before and after of great east japan earthquake had been come and the damages and the radioactivity of Fukushima prefecture. After great east japan earthquake it had been suffered from many problems and people of Fukushima specially the area where the Tsunami damaged more migrate to another prefecture and they don't come back. Many people lost their life, parents, home and their property as well and they have only the bad memories but even they suffered from this many kinds of problem they have been doing many things for the recovery of Fukushima, and make life beautiful as like as before the earthquake, in this four years gaps, Fukushima people did many things and recover many this, they rebuilt all the damaged parts and the areas. And there is no any problem anymore. They are also sincerer about the health of people and they are using different kinds of experimental method to test products of Fukushima, because people have many fear to the radioactivity. Now Fukshima's economics growth rate is down because of the radioactivity and people have bad thinking till now. After this two days My opinions and thinking has been changed and now I am very happy to study in Fukushima and Future from Fukushima is safe and we can make our future from Fukushima.

I want to say that I learnt many things from Fukushima and these all experience will explain to my friend and the people of Nepal, not only Nepal but also the other country too. Because Nepal had been suffered from big earthquake as well. To rebuilt and

recovery Fukushima will be the example to the people of Nepal. They can learn many things from Fukushima.